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### Nuclear Inositide Signaling in Myelodysplastic Syndromes

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### ABSTRACT

Myelodysplastic syndromes (MDS) are defined as clonal hematopoietic stem-cell disorders characterized by ineffective hematopoiesis in one or more of the lineages of the bone marrow. Although distinct morphologic subgroups exist, the natural history of MDS is progression to acute myeloid leukemia (AML). However, the molecular mechanisms the underlying MDS evolution to AML are not completely understood. Inositides are key cellular second messengers with well-established roles in signal transduction pathways, and nuclear metabolism elicited by phosphoinositide-specific phospholipase C (PI-PLC)  $\beta$ 1 and Akt plays an important role in the control of the balance between cell cycle progression and apoptosis in both normal and pathologic conditions. Recent findings evidenced the role played by nuclear lipid signaling pathways, which could become promising therapeutic targets in MDS. This review will provide a concise and updated revision of the state of art on this topic. J. Cell. Biochem. 109: 1065–1071, 2010. © 2010 Wiley-Liss, Inc.

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ipid signaling in disease is an emerging field of investigation. Inositides are key cellular second messengers with well established roles in signal transduction pathways. The identification of a distinct nuclear inositide signaling metabolism has defined a new role for these molecules [Martelli et al., 1992; Faenza et al., 2008]. Nuclear inositides are now considered essential co-factors for several nuclear processes, including DNA repair, transcription regulation, and RNA dynamics. For that reason, imbalances of the major lipid signaling pathways may contribute to disease progression in several disorders, such as chronic inflammation, cancer, metabolic, and degenerative syndromes. Lipid signaling cascades are therefore essential components of the extremely complicated, multistep process that allows one extracellular signal to be transduced inside the cell, to the nucleus. Moreover, these pathways are complex and redundant, since many of the signaling molecules, their modifying enzymes and downstream targets are common to multiple pathways, resulting in the formation of highly interconnected networks. As a consequence, many signaling

pathways can be deregulated in several disease conditions, as well as in cancer. That is why signaling lipid-generating enzymes have been and are still being targeted pharmacologically, alone or in combination, to alleviate the symptoms, or even progression of the different diseases [Wymann and Schneiter, 2008].

### MYELODYSPLASTIC SYNDROMES (MDS)

The myelodysplastic syndromes (MDS) are a heterogeneous group of bone marrow disorders characterized by an ineffective differentiation of the hematopoietic stem cell that causes anemia, neutropenia, bleeding problems, and infections [Tefferi and Vardiman, 2009]. The disease can result in a slow decrease in blood cell counts, but it may also have a more aggressive evolution, that is a worsening severe cytopenia or, in about 30% of all the patients, transformation into acute myeloid leukemia (AML). The phenotype of some MDS has often been associated with some AML features. However, a unique

1065

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aspect of MDS is the notion that both bone marrow failure and the propensity towards progression into AML coexist. As both properties contribute to peripheral blood cytopenia and the natural history of the disease, it is thought that proliferative advantages lend themselves more to leukemic transformation, while initially accelerated apoptosis is responsible for the cytopenia [Corey et al., 2007]. In fact, upon evolution of MDS into AML, the progressing clonal cells present an excessive survival and decreased apoptosis.

MDS patients are usually diagnosed according to both morphologic evaluations, following either the French-American-British (FAB) [Bennett et al., 1982] or World Health Organization (WHO) [Vardiman et al., 2009] classification, and two more complex systems, based on the percentage of marrow blasts, number of cytopenias, and bone marrow cytogenetic findings, useful for the assessment of the risk of evolution into AML, that is, the International Prognostic Scoring System (IPSS) [Greenberg et al., 1997] and/or the WHO classification-based Scoring System (WPSS) [Malcovati et al., 2007]. The subdivision of MDS patients in different risk subgroups is essential for the choice of the most appropriate therapy, as for high-risk patients the main goal of treatment is the increase of survival and delay of AML evolution [Morgan and Reuter, 2006], while for low-risk patients the improvement of both peripheral cytopenia and quality of life [Jabbour et al., 2008] seem to be the key points.

In the last few years there has been an advancement in supportive care and several agents have been tested for the treatment of MDS (Table I): 5-azacytidine, decitabine, lenalidomide, farnesyltransferase inhibitors, among the others [Kaminskas et al., 2005; Fenaux et al., 2007, 2009; Faderl et al., 2008; Griffiths and Gore, 2008; Park et al., 2008; Sekeres et al., 2008; Perl et al., 2009]. With the exception of lenalidomide, which produces remarkable responses in patients with single 5q chromosomal deletions [Sekeres et al., 2008], these therapies benefit a minority of patients and the overall outcomes are still unsatisfactory [Srinivasan and Schiffer, 2008]. Moreover, being IMMUNOSUPPRESSIVE therapy helpful in a fraction of patients, allogeneic stem cell transplant remains the only curative option, even though the majority of MDS patients are not eligible because of older age and other medical problems.

#### **METHYLATION IN MDS: AZACITIDINE**

Epigenetic mechanisms affecting chromatin structure contribute to regulate gene expression and assure the inheritance of information, which are essential for the expression of key regulatory genes in healthy cells, tissues, and organs. In the medical field, increasing relevance has the study of altered gene expression or de-regulated gene function, leading to disease or cancer progression. Aberrant DNA methylation patterns, changes in chromatin structure and in gene expression are common in all cancer cells. However, studies on hematologic malignancies have provided examples for the functional implications of the epigenetic alterations in cancer development and progression, as well as their relevance for therapeutical targeting [Boultwood and Wainscoat, 2007].

Azacitidine is a DNA methyltransferase (DNMT) inhibitor currently approved for the treatment of MDS [Kaminskas et al., 2005; Silverman and Mufti, 2005] and under experimental evaluation for other hematologic malignancies [Quintas-Cardama et al., 2008]. Besides showing response rates of 50-80% in high-risk MDS, azacitidine has been reported to have a significant impact on the overall survival and progression towards AML [Fenaux et al., 2009]. Nevertheless, the molecular mechanisms underlying this drug are not completely understood, even though it is clear how the DNMT inhibitors can induce the re-expression of methylated silenced gene products [Griffiths and Gore, 2008]: after incorporation of demethylating agents into DNA, the methyltransferases are inhibited, but complete demethylation occurs only after several cycles of replication, thus accounting for time to response to these drugs [Stresemann and Lyko, 2008]. Low-dose regimens with azacitidine have been assumed to act by reversing the epigenetic silencing of target genes involved in the control of cell growth and differentiation. For instance, demethylation of a hyper-methylated p15/INK4B gene, as well as of other genes, such as p21WAF/Cip1 and p73, has been demonstrated in MDS patients treated with demethylating therapy [Daskalakis et al., 2002; Raj et al., 2007]. However, almost all cancer-related signaling pathways may be affected by hyper-methylation, and a growing number of silenced methylated genes involved in each major type of cancer is coming to light.

## ROLE OF NUCLEAR INOSITIDE SIGNALING IN HEMATOPOIETIC MALIGNANCIES

The mechanisms regulating the growth and survival of MDS and AML cells are largely unknown. The conversion of a normal stem cell into a pre-leukemic and ultimately leukemic state is a multistep process requiring the accumulation of a number of genetic lesions. Early MDS are associated with an initial excessive apoptosis which decreases during the progression to AML [Kerbauy and Deeg, 2007]. It is still unclear which is the exact pathogenesis of the MDS

#### TABLE I. Current Pharmacologic Agents in MDS/AML Clinical Trials

Pharmaceutical class	Therapeutic agents in evaluation	References
Nucleoside analogs	Fludarabine, clofarabine	Faderl et al. [2008]
Demethylating agents	Azacitidine, decitabine	Fenaux et al. [2009], Kaminskas et al. [2005]
Histone deacetylase inhibitors	Vorinostat, valproic acid	Griffiths and Gore [2008]
mTOR inhibitors	Sirolimus, temsirolimus, everolimus, and PI-103	Perl et al. [2009], Park et al. [2008]
Antiangiogenic and immunomodulating agents	Lenalidomide	Sekeres et al. [2008]
Farnesyltransferase inhibitors	Tipifarnib	Fenaux et al. [2007]

progression to AML, although some recent studies indicate that the signaling pathways could be involved. In fact, over the past years, major signal transduction molecules have been identified and their genetic alterations have been extensively analyzed in both MDS and AML. These include receptors for growth factors, RAS signaling molecules, cell cycle regulators and transcription factors [Hirai, 2003]. The identification of the aberrant signaling pathways responsible for an increased survival of MDS cells is therefore of high importance, as they might represent promising targets for novel forms of therapy aimed at preventing the MDS evolution into AML.

#### **INOSITIDE SIGNALING IN MDS/AML**

Over the last years, it has been established that phosphoinositides (Pls), which are involved in the regulation of a great variety of cellular processes, both in the cytoplasm and in the plasma membrane, are present also in the inner part of the cell nucleus and that their metabolism changes during cell growth and differentiation [Martelli et al., 1992; Faenza et al., 2008]. Remarkably, it is clear that the nuclear inositide metabolism is regulated independently from the plasma membrane counterpart, suggesting that the nucleus constitutes a functionally distinct compartment of inositol lipids metabolism [Martelli et al., 2005].

Among the enzymes of the nuclear PI cycle, phosphoinositidespecific phospholipase C (PI-PLC)  $\beta$ 1, whose hydrolysis generates diacylglycerol and inositol 1,4,5-trisphosphate as second messengers, appears to play a fundamental role as a checkpoint in the G1 phase of the cell cycle [Faenza et al., 2000], mainly targeting cyclin D3 [Faenza et al., 2007], as well as in the G2/M transition [Fiume et al., 2009].

In addition, the nucleus contains 3-phosphorylated inositol lipids and the enzymes which synthesize them, that is, phosphoinositide 3-kinase (PI3K). The PI3K/Akt signaling network is crucial to widely divergent physiologic processes that include cell cycle progression, differentiation, transcription, translation, and apoptosis [Ye, 2005]. Moreover, it is targeted by genomic aberrations including amplifications, mutations, and rearrangements more frequently than any other pathways in human cancer, with the possible exception of the p53 and retinoblastoma pathways.

Activation of the PI3K/Akt signaling results in altering the control of cell proliferation and apoptosis, ensuing in competitive growth advantage for tumor cells. Furthermore, it is now clear that the up-regulation of the PI3K/Akt axis may be one of the major factors undermining successful anti-neoplastic treatments, thus portending a poor prognosis in many cancer types. Therefore, the PI3K/Akt pathway is an attractive target for the development of novel therapeutic strategies in patients with various tumor types.

#### ACTIVATION of PI3K/Akt/mTOR PATHWAY IN HIGH-RISK MDS

The PI3K/Akt signaling pathway is involved in many different cellular processes, such as proliferation, differentiation, and

apoptosis [Engelman et al., 2006]. An impaired regulation of the PI3K/Akt axis has been strongly implicated in carcinogenesis. In particular, the activation of the PI3K/Akt survival pathway is often associated with hematologic malignancies, including acute and chronic human leukemias. In particular, recent reports indicate that the Ras/Raf/MEK/ERK pathway is usually associated with proliferation and drug resistance of hematopoietic cells, and that the up-regulation of the PI3K/PTEN/Akt/mTOR axis is observed frequently in AML samples and associated with a poorer prognosis than patients lacking these changes [Scholl et al., 2008]. That is why several clinical trials are now targeting either PI3K or Akt, in order to prevent their activation in AML cases.

As for MDS, recent reports demonstrated a constitutive activation of the Akt pathway. First of all, it was demonstrated that the activated (phosphorylated) form of Akt was highly expressed in bone marrow and peripheral blood mononuclear cells from highrisk MDS patients, while it was almost absent in low-risk MDS as well as in healthy donors [Nyakern et al., 2006].

Other studies reported that not only Akt but also some of its molecular targets are implicated in the leukemic progression. One of the downstream targets of Akt is represented by the mammalian Target of Rapamycin (mTOR), a highly conserved Ser/Thr protein kinase that is essential for the regulation of cell growth and proliferation, by controlling these processes at the translational level and by acting on the cell cycle progression [Dunlop and Tee, 2009]. Indeed, mTOR is capable of regulating the synthesis of key proteins such as retinoblastoma protein, p27Kip1, cyclin D1, c-myc, or STAT-3 [Yazbeck et al., 2008]. Furthermore, some studies have demonstrated that mTOR is also involved in cell death, so that a deregulation of this kinase could lead to the activation of anti-apoptotic mechanisms [Wangpaichitr et al., 2008].

A recent investigation reported that in high-risk MDS patients the Akt/mTOR pathway is over-activated, thus leading to an imbalance in the apoptotic processes [Follo et al., 2007]. Therefore, this survival network is likely to play an important role in the MDS pathogenesis and contribute to the malignant growth of MDS cells. Furthermore, there is a specific up-regulation of the mTOR pathway in the hematopoietic myeloid progenitors of highrisk MDS patients, since rapamycin, targeting mTOR, influenced the survival of CD33<sup>+</sup> cells, and the clonogenic ability of CD34<sup>+</sup> MDS cells.

Taken together, the above-mentioned findings may provide the rationale for using pharmacologic inhibitors of the PI3K/Akt/mTOR network, not only for the treatment of AML, but also for high-risk MDS. In fact, at present, leukemic patients can be treated with drugs targeting PI3K and/or mTOR, such as PI-103 [Park et al., 2008] and rapamycin [Perl et al., 2009] (sirolimus and its derivatives temsirolimus and everolimus), and current studies are focusing on Akt inhibitors, for example, perifosine, whose role in hematologic malignancies has not been completely understood yet [Chiarini et al., 2008; Papa et al., 2008]. That is why all of the aforementioned studies can be complementary to the current clinical studies and strengthen the concept that the inositide signaling pathways could become in the future an important target for the development of innovative strategies even for the treatment of high-risk MDS.

# PHOSPHOINOSITIDE-PHOSPHOLIPASE C BETA1 (PI-PLC $\beta$ 1)

PI-PLC $\beta$ 1 is a key enzyme for the nuclear signaling pathways, since it is implicated in many cellular processes, such as proliferation and differentiation [Suh et al., 2008]. Moreover, it has been demonstrated that PI-PLC $\beta$ 1 is involved in the hematopoietic differentiation, suggesting that this enzyme could affect the generation of MDS blasts [Cocco et al., 2009]. As a consequence, several studies have been performed to demonstrate the involvement of PI-PLC signaling pathways in MDS [Cocco et al., 2010], as it is shown in Figure 1.

By using fluorescence in situ hybridization (FISH) analysis, the PI-PLC $\beta$ 1 gene has been mapped on chromosome 20p12 [Peruzzi et al., 2000]. Using the same probe, a large number of MDS patients (80 cases belonging to all of the IPSS risk groups) has been tested for

the detection of the PI-PLC $\beta$ 1 allelic status: FISH analyses disclosed the presence of a mono-allelic deletion of the PI-PLC $\beta$ 1 gene in about 30% of all of the MDS cases analyzed [Follo et al., 2009a]. On the contrary, PI-PLC $\beta$ 4, another gene coding for a signaling molecule and located on 20p12.3 at a distance as far as less than 1Mb from PI-PLC $\beta$ 1, was unaffected, even in MDS patients with the deletion of PI-PLC $\beta$ 1 gene, hinting at a specific and interstitial deletion of the PI-PLC $\beta$ 1 gene. Interestingly, MDS patients bearing the mono-allelic deletion, both at high and low risk of evolution into AML, rapidly evolved to AML, suggesting not only that PI-PLC $\beta$ 1 mono-allelic deletion is associated with the MDS progression towards AML, but also that it could have a prognostic role, through the identification of a sub-group of patients at a poorer prognosis also among low-risk cases, usually considered as patients with a better outcome.

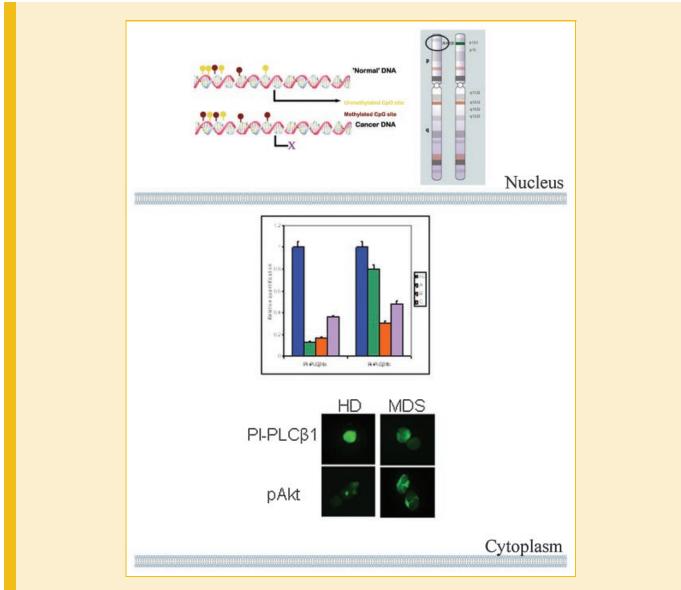
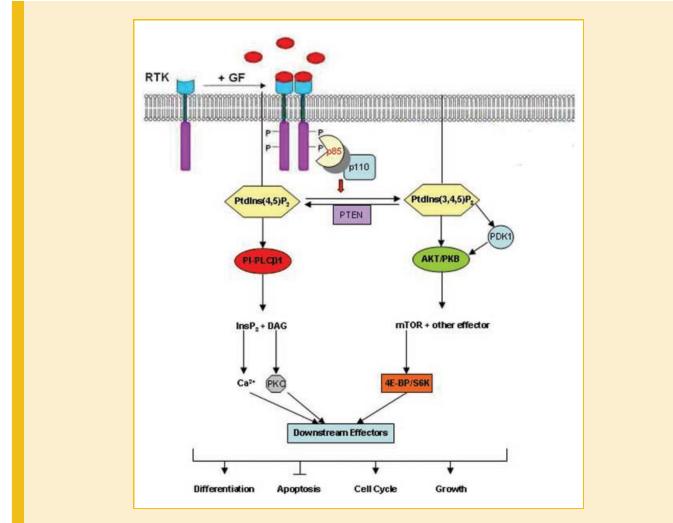


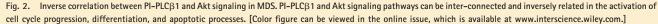
Fig. 1. Role of inositide signaling in MDS progression to AML. At a nuclear level, the presence of the PI-PLCβ1 promoter hyper-methylation and the PI-PLCβ1 mono-allelic deletion in MDS patients can be linked to PI-PLCβ1 gene silencing and the identification of a sub-group of patients at higher risk of evolution into AML. At a cytoplasmatic level, the deregulation of PI-PLCβ1 gene and protein expression, as well as the activation of Akt, could play an important role in the MDS progression to AML. [Color figure can be viewed in the online issue, which is available at www.interscience.wiley.com.]

In another study, it has been shown that also the expression profile of both PI-PLC $\beta$ 1a and PI-PLC $\beta$ 1b mRNAs, the two alternative splicing subtypes of PI-PLC $\beta$ 1, is altered in high-risk MDS, as compared to healthy donors [Follo et al., 2006]. In particular, it was suggested that a reduced expression of PI-PLC $\beta$ 1 mRNAs is frequent in patients affected by high-risk MDS, since all of the cases analyzed showed a strong decrease in the amount of PI-PLC $\beta$ 1a, whilst most of the patients demonstrated low levels of PI-PLC $\beta$ 1b. Interestingly, MDS cells always expressed higher levels of PI-PLC $\beta$ 1b mRNA, as if the splicing isoform 1b, which is completely localized within the nucleus, was somehow partially preserved, hinting at a possible imbalance of the nuclear versus the cytoplasmatic PI-PLC $\beta$ 1 signaling which, in turn, could affect the cell cycle progression mechanisms of MDS cells.

Finally, our latest studies demonstrated not only that demethylating agents specifically target nuclear PI-PLC $\beta$ 1 signaling pathways, but also that there is an inverse correlation between PI-PLC $\beta$ 1 and activated Akt levels [Follo et al., 2008]. In fact, we firstly showed that PI-PLC $\beta$ 1 expression could predict the degree of azacitidine effectiveness, in that we observed a responsive MDS patient who displayed higher PI-PLC $\beta$ 1 levels whenever the clinical status was improving. Interestingly, along with an increase in PI-PLC $\beta$ 1 levels, the patient demonstrated a reduction in activated Akt levels, thus indicating that PI-PLC $\beta$ 1 and Akt could play opposite roles. These observations were subsequently confirmed by a larger investigation about azacitidine effect on high-risk MDS [Follo et al., 2009b]. In that study, the PI-PLC $\beta$ 1 gene expression profile of 18 high-risk MDS patients was systematically analyzed during azacitidine administration and compared to some patients treated with only best supportive care as well as healthy subjects. The results obtained indicate not only that it would be possible to monitor the effect of azacitidine in MDS patients under demethylating therapy, but also that the molecular response anticipates the clinical one, since the increase or decrease in PI-PLC $\beta$ 1 gene expression would be detectable about two months before the clinical improvement or worsening.

These molecular findings, together with the clinical data of the patients, are therefore consistent with the hypothesis that in highrisk MDS cases PI-PLC $\beta$ 1 gene silencing could play an essential role in MDS progression towards AML, as well as the activation of Akt, whose pathways are correlated to the imbalance of the apoptotic processes in MDS cells. Moreover, it is reasonable to hypothesize





that the balance between these two molecules could be directly related to  $PIP_2$  levels, which is both substrate for PI-PLC $\beta$ 1 and key player in the activation of the PI3K/Akt axis.

Further investigations are in any case needed to fully understand the molecular mechanisms underlying the pathogenesis of the disease and the role of azacitidine on the lipid signaling pathways. Nevertheless, these findings have great significance for high-risk MDS patients, since the altered expression of nuclear PI-PLC $\beta$ 1 and the amount of activated Akt could be involved in a deregulation of the cell cycle and negatively influence the apoptotic processes, thereby affecting the survival of primary MDS cells. Moreover, the interconnections between PI3K/Akt/mTOR and PI-PLC $\beta$ 1 signaling (Fig. 2), could lead to combinatorial approaches aiming at inhibiting PI3K/Akt/mTOR activation as well as increasing PI-PLC $\beta$ 1 expression.

#### CONCLUSIONS

Nuclear metabolism elicited by PI-PLC $\beta$ 1 and Akt plays an important role in the control of the balance between cell cycle progression and apoptosis. Recent findings indicate that the lipid signaling pathways can become therapeutic targets in MDS. In fact, the recent discovery of a possible involvement of PI-PLC $\beta$ 1 in the progression of high-risk MDS into AML [Follo et al., 2008, 2009a,b], as well as an over-activation of the Akt/mTOR axis [Follo et al., 2007], strengthens the contention that the nuclear lipid signaling is essential for physiologic processes such as cell growth and differentiation in MDS.

Moreover, these data might contribute to the further clarification of the therapeutic activity of some drugs currently used in high-risk MDS, such as azacitidine, and pave the way for new therapeutic approaches in these patients, as the quantification of the expression of PI-PLC $\beta$ 1 and levels of activated Akt could represent an attractive new predictive factors for the responsiveness to demethylating agents. Further investigations are needed to fully understand the molecular mechanisms underlying the MDS progression into AML, but it is now clear that signal transduction pathways can be considered as innovative therapeutic targets in MDS treatments.

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